

Heartland Seminars 2010

Educational Course Descriptions

Best Practices for Fall Prevention and Dizziness

Learning Objective: This course provides the student with an understanding of the differential diagnosis of a variety of balance and dizziness pathologies as well as comprehensive therapy evaluation techniques using objective testing and data collection.

Course Description: This course covers an in depth overview of balance and dizziness disorders for multiple patient populations including evaluation techniques and appropriate clinical interventions for outpatient rehabilitation including physical therapy, occupational therapy and sports medicine. The instructor will discuss the incidence, prevalence & impact of balance & dizziness disorders.

Clinical & Financial Advantages of Moist Wound Healing

Learning Objectives: This course is designed to educate the student in identifying factors that affect wound healing. The student will gain an understanding of the strategies that promotes cost-effective wound healing

Course Description: The course looks at the most up to date wound healing procedures and products and their financial advantages. Wound management has recently become more complex because of new insights into wound healing and the increasing need to manage complex wounds outside the hospital setting. Participants will gain a good understanding of the principles of wound dressings and their changing role, especially in relation to debridement of wounds and control of the wound environment. Discuss advantages and disadvantages of various types of wound care products. Course will provide participations with quality, research-based information in an easy to learn format.

Optimizing Clinical Outcomes by Utilizing Augmented Tissue Mobilization

Learning Objectives: To introduce the student to this advanced clinical process that provides optimal results in scar tissue healing, as well as a multitude of diagnoses.

Course Description: This course introduces a revolutionary process that heals soft tissue problems. The student will gain an understanding of the benefits of this treatment process. Dealing with chronic overuse problems can be frustrating, time-consuming and very expensive for a company. Augmented tissue mobilization treatment allows you to manage workers' compensation cases effectively and predictably. The instructor reviews the history, physiology and theory behind augmented soft tissue mobilization The ASTYM system rejuvenates muscles, tendons and ligaments. It gets rid of scar tissue problems from old injuries in a fashion previously unimaginable. The instructor will provide scientific background; data and experience that proves that ASTYM will improved outcomes keep workers on the job, and significantly help with chronic patients.

Obesity, Increasing Challenges as They Relate to Case Management

Learning Objectives: To provide the student with an overall understanding of this national epidemic and how it can relate to increasing workplace injuries and return to work challenges.

Course Description: This course is a comprehensive educational program to expand the knowledge of the healthcare professional. This course covers an introduction to obesity as a national epidemic that not only affects adults but also adolescents. Course includes a historical review of this epidemic as well as a clear view of trends as related to orthopedic injuries.

Participants will have an understanding of how obesity can affect recovery and return to work for patients with a variety of musculoskeletal injuries. Course will explain how this trend can increase risk of workplace injury and create functional limitations in injured workers. Course will provide participations with quality, research-based information in an easy to learn format.

The Art and Science of the Functional Capacity Evaluation

Learning Objective: To provide the student with a solid understanding of the history, uses and benefits of Functional Capacity Evaluations.

Course Description: Functional Capacity Evaluations have been used since the Industrialization of America as a tool to determine an individual's functional abilities. Today, they are used in several ways: 1) determination of a worker's ability to safely *return to work*, 2) symptom magnification identification, and 3) assessment of a worker's current Physical Demand Category. The student will learn who performs FCEs and what skills they must have to produce a valid, viable report. The course reviews the essential components of a legally defensible FCE and what to expect from an experienced evaluator. When used properly, FCEs provides valuable information that may be used as an effective tool to reduce costs associated with workers' compensation claims.

The Aging Work Force

Learning Objective: To provide the student with an up to date account of the realities facing healthcare providers as our workforce ages and postpones retirement.

Course Description: Our workforce is working longer due to economic trends and financial concerns. The instructor reviews the variables that can and do effect the aging workforce-social, physical, and mental. How do these variables affect RTW? This course will look at the differences in injuries and RTW strategies between older and younger workers. Does age and workplace skill play a role in an injured worker's motivation, healing, and reliability? This course provides strategies to assist the healthcare professional to best serve the needs of this growing population.

Challenges and Management of Ethical Dilemmas in Healthcare

Learning Objective: This course is designed to provide the student with insights and meaning to ethical dilemmas as they relate in the healthcare arena.

Course Description: As healthcare professionals, we face daily challenges that may pose us to question our ethical beliefs and even morals. This course provides various perspectives and discussion relative to how we determine our course of action when ethics come in to play. An ethical dilemma is a situation that involves an apparent conflict between moral imperatives.....*in which following one results in transgressing another.* An action may be moral or immoral according to a certain code we employ. All licensed healthcare professional organizations have a Code of Ethics that we are to adhere to, but what about the grey areas? How do we know what to do when things are not black and white? The instructor provides scenarios and lively discussion that will help us to appropriately manage the challenges presented by an ethical dilemma.